

Peninah's story...

Peninah is only 33, and has four children. She is now cared for by her family. She lives 20km from the hospice. There is no transport, and she relies on visits from hospice staff for the support she needs.



Peninah's family

There are many others like Peninah, living in remote, rural areas, unable to access medical care or afford medicine, and dying from cancer. Without the help of trained palliative care nurses and doctors, these will die a slow and painful death.

Hussein's story...

Hussein (opposite) had terminal cancer. He visited the hospice several kilometres away, until he became too ill. Hospice staff then visited him and ensured that when he died, his death was free from pain and peaceful. His family was supported and counselled throughout.

Leaving a legacy to Hospice Care Kenya

You will need to insert a paragraph or clause in your will:

- Stating that you wish to leave a specified amount or proportion of your estate to Hospice Care Kenya.
- And, if you wish, stating that this amount is for a specific purpose, e.g. training, or for Kenyan hospice support generally, at the discretion of the HCK trustees.
- Giving the following information about HCK:

Hospice Care Kenya
Top Floor
95 Gloucester Road
Bristol
BS7 8AT

UK Charity Number 1001709

For further information please contact your solicitor or – if you wish - HCK's Bristol office, using the form on this leaflet.



Leaving a legacy

*I would like to arrange to leave £ _____ (amount) or a percentage of my estate (to be agreed) to HCK in my will. Please contact me.

***or:** My solicitor or other family representative will contact HCK.

My contact details:

Title.....

First name(s).....

Family name.....

Home Address.....

.....

.....

Post Code.....

Tel:.....

E-mail:.....

All donations, however small, will help our work with the Kenya hospices..

Making a gift to HCK today

I enclose a cheque for £ _____ made payable to 'Hospice Care Kenya'. * I have signed the Gift Aid Declaration overleaf.

Standing order

I would like to support the work of HCK on a regular basis. Please send a standing order form to me at the address overleaf.

*I have signed the Gift Aid Declaration below.

Gift Aid declaration

*I want HCK to treat the enclosed donation and all donations I have made during the past six years, and any I make from the date of this declaration until I notify you otherwise, as Gift Aid donations.

I pay and have paid in the appropriate tax year(s) an amount of UK personal tax (e.g. Income Tax, Capital Gains Tax or tax on savings or investments) at least equal to the tax that HCK will reclaim on my donation(s).

Signed _____

Please detach and return the completed form to:

Hospice Care Kenya
Top Floor
95 Gloucester Road
Bristol BS7 8AT

Newsletters

*I would like to receive HCK's bi-annual newsletters.

**Please delete as appropriate*

About Hospice Care Kenya...

HCK is a registered UK charity and since 1991 has raised money to provide support for Kenyan hospices. Our funds help to pay for:

- **Training for medical and nursing staff**
- **Medicines – particularly morphine**
- **Vehicles to enable visits to housebound patients**
- **Medical supplies**
- **Start-up funding for new hospices**
- **Subsidising salaries for limited periods**
- **Awareness training and basic care for community groups**

Money is sent in response to specific request and is fully accounted for.

HCK's trustees meet four times each year to review requests received and allocate available funds. They also receive reports and news from the hospices.

For more information, visit HCK's website at www.hospicecarekenya.com

tel: 07990 511 665 (mobile)

e-mail: hck@hospicecarekenya.com



Hospice Care Kenya

UK Charity Number 1001709

Supporting the development of high quality palliative care in Kenya

Are you thinking of making a will?



Peninah

A legacy to HCK could make all the difference to someone like Peninah, facing a painful death from cancer. She cannot sit, so spends the day kneeling on a cushion, and leaning forward onto another cushion.

How can she smile?

Because a hospice nurse has just visited, listened, counselled, dressed her wounds – and brought her pain-relieving drugs!

www.hospicecarekenya.com