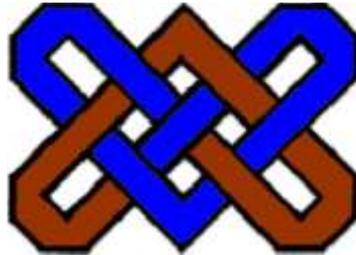


# ***HOSPICE CARE KENYA***

## **TRUSTEES' ANNUAL REPORT**

**1<sup>st</sup> April 2010 – 31<sup>st</sup> March 2011**



Registered charity number 1001709 The Charitable Trust is governed by a Deed  
of Trust set up in January 1991

## **Hospice Care Kenya**

### **Patrons**

Lord Carey  
Professor Sir Michael Richards

Archbishop Desmond Tutu  
Mr Michael Wooldridge, OBE

### **Trustees**

Miss Elizabeth Salmon, Chair  
Mr David Worthington, Deputy Chair  
Mrs Gwen Cottrell (resigned Oct. 2010)  
Dr Sally Hull  
Mr Keith Wood (resigned Oct. 2010)

Mr Brian Lloyd, Hon. Treasurer  
Mrs Sharron Catton  
Dr Michael Hughes  
Ms Sue Russell (appointed Dec. 2010)

### **Staff**

Mr Patrick Villa

Office Manager

The principal address of the Trust is:

Top Floor  
95 Gloucester Road  
Bishopston  
Bristol BS8 4EJ  
Telephone: 07990 511665  
Email: [hck@hospicecarekenya.com](mailto:hck@hospicecarekenya.com)  
Web: [www.hospicecarekenya.com](http://www.hospicecarekenya.com)

### **Banker**

CAF Bank Ltd  
Kings Hill  
West Malling  
Kent  
ME19 4TA

### **Examining Accountant**

Simon Cooper FCA  
Monahans  
16a Forest Gate, Pewsham  
Chippenham, Wiltshire  
SN15 3RS

### **Objects of the Trust**

#### **1. To raise funds and public awareness for:**

- The work of the hospices in Kenya, which currently include the hospices at Nairobi, Nyeri, Eldoret, Kisumu, Siaya, Coast (Mombasa), Meru, Nakuru, Nyahururu, the Palliative Care Units at Kijabe and Chogoria hospitals, and the Kenya Hospices and Palliative Care Association (KEHPCA); in total there are at least 32 hospices or units.
- The benefit of the residents of Kenya, directed towards the treatment care and counselling of persons who are terminally ill with cancer or other incurable diseases;
- The counselling of their families and close associates;
- The education and the training of those providing or involved with such treatment, care and counselling.

#### **2. To act as an agency for UK grant-making bodies working through charities to support projects overseas.**

### **Recruitment and Appointment of Trustees**

When there is the requirement to appoint a trustee personal contacts and advertising are used to find suitable candidates. The appointment of a trustee has to have the unanimous agreement of the existing trustees. New trustees are briefed on the objects of the Trust and the deed governing its activities.

## **Hospice Care Kenya**

### **Policy on Reserves**

The trust maintains reserves to meet at least the estimated support costs for one year. In addition funds may be held to meet commitments made but not disbursed. A commitment to fund a project is only made when the cash is available in the bank.

### **Commentary on the year and future plans**

In 2010/2011 fundraising income increased sharply compared to the previous year, due primarily to receiving legacy donations of more than £26,000 and a good increase in grants from trusts. This extra income enabled HCK to increase support for its friends at the hospices in Kenya to £84,800, in proportion to total unrestricted income of £84,754. The year began with a grant from the Diana, Princess of Wales Memorial Fund for our patron, world affairs correspondent Mike Wooldridge, and Ruth Wooldridge to make a film to promote the work of HCK and the hospices in Kenya. This was shown at the APCA Conference in Namibia in September 2010 and is now on Internet sites YouTube, Facebook and Vimeo. Demands for HCK's support continued to grow, with the number of hospices and PC units in Kenya increasing to at least 32 and growing co-operation with KEHPCA, which successfully persuaded the Kenya Government to introduce palliative care units to 10 regional government hospitals. HCK made a contribution towards medicines and drugs for the first year for these 10 units. Once more education was also a priority for HCK and grants totalling £18,540 were made during the year to pay the fees for eight nurses or other hospice staff (and partial fees for one other) to take an 18-month course in palliative care at Nairobi Hospice which commenced in February 2011, under franchise arrangements with Oxford Brookes University. Other notable grants by HCK included £2,000 for setting up the new PC unit at the Government hospital in the slum district of Machakos, and £5,000 for fitting out a new hospice building at Kijabe, on the Rift Valley.

During the year the trustees, following advice and appropriate debate, decided to incorporate Hospice Care Kenya as a charitable company limited by guarantee. Accordingly a company with the Hospice Care Kenya name and with charitable status has been established to undertake in the future the charitable purposes for which Hospice Care Kenya was established in 1991.

Future work will continue to support, in particular, the increasing development of new hospices and education and training for palliative care. In this way the beneficial effect of funding for Kenya will be maximised by training nurses and other medical staff, who, in turn, will pass on their knowledge of palliative care to other health care workers.

In setting our programme each year we have regard to both the Charity Commission's general guidance on public benefit and prevention and relief of poverty for the public benefit. The trustees always ensure that the programmes we undertake are in line with our charitable objects and aims as stated under 'Objects of the Trust' on page 2 of this report.

## Grants made to Kenya during this year

	£
<b><u>Documentary Film</u></b>	7,000
<b><u>Chogoria Hospital</u></b>	
Contribution to cost of vehicle	5,000
<b><u>Embu-Mbeere Hospice</u></b>	
Contribution to doctor and nurse post	4,300
<b><u>Kenya Hospices and Palliative Care Association</u></b>	
2010 conference	2,500
Drugs	2,200
Cont. to setting up Machakos Hospice	2,000
	=====
	6,700
<b><u>Kijabe Hospital Palliative Care Unit</u></b>	
Contribution to fitting out costs	5,000
<b><u>Kisumu Hospice</u></b>	
Contribution to transport costs	600
Drugs	1,550
Contribution to cost of Siaya nurses	6,600
Training seminars	7,000
	=====
	15,750
<b><u>Meru Hospice</u></b>	
Social worker	2,630
Nurse	2,630
	=====
	5,260
<b><u>Nairobi Hospice</u></b>	
Drugs for Korogocho	3,250
Training - Korogocho	3,400
Palliative care services - Korogocho	8,100
	=====
	14,750
<b><u>Nyeri Hospice</u></b>	
Drugs	2,500
<b><u>Nairobi Hospice/Oxford Brookes</u></b>	
Nurses' diploma course bursaries	18,540
	=====
<b>Total Disbursed to Kenya:</b>	<b>84,800</b>

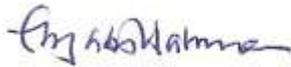
## **Hospice Care Kenya**

### **Acknowledgements**

We are grateful to all our donors. Particular thanks are due to those who give regularly by standing order and to those who have organised fund raising events, some over many years.

The following trusts, organisations and companies have made welcome and substantial donations:

Arimathea Charitable Trust	Friends of St Martin-in-the-Fields
The Thames Charitable Trust	The Hawthorne Charitable Trust
The Paget Charitable Trust	Malvern College
Michael & Harriet Maunsell Charitable Trust	Drayton Manor Antiques
Church of St Mary the Virgin, Cerne Abbas	St Luke's Church, Battersea
The Ofenheim Charitable Trust	The Oakdale Trust
The Diana, Princess of Wales Memorial Fund	The Marr-Munning Trust
The ARCAID Trust	The Lidsey Charitable Trust
C L Lloyd Charitable Trust	Mount Kenya climbers January 2011
Poetry in the Crypt, St Mary's Islington	



Elizabeth Salmon  
Chair  
Hospice Care Kenya